

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8am Holly	6.30am Liz	7am Kasia	7am Kasia	7.30am Holly	7.30am Emma
9am Holly	7.30am Liz	7.30am Laurinda	7.30am Laurinda	8.30am Holly	8.00am Helen
10am Holly	8.30am Liz	8.30am Laurinda	8am Kasia	9am Helen	8.30am Emma
10am Helen	9.30am Liz	9am Kasia	8.30am Laurinda	9.30am Holly	9am Helen
11am Helen	10am Helen	9.30am Laurinda	9.30am Laurinda	10am Helen	9am Mat class
12.15–1pm Lunchtime mat class	12.30pm Helen	10am Kasia	10am Kasia	10.30am Holly	9.30 Emma
				11am Helen	10am Helen
					10am Mat class
5pm Kasia	5pm Holly	5pm Liz	5.30pm Bianca		
5.30pm Sam	6pm Holly	5.30pm Kasia	5.30pm Kasia		
6pm Kasia	6.30pm Laurinda	6pm Liz	6pm Helen		
6pm Mat class	7pm Holly	6.15pm Mat class	6.30pm Bianca		
6.30pm Sam	7.30pm Laurinda	6.30pm Kasia	6.30pm Kasia		
7pm Kasia		7pm Liz			
7pm Mat class		7.15pm Mat class			

INSTRUCTORS
 Laurinda Croft
 Sam Deasy
 Holly Durant
 Bianca Evans
 Lissie Fiddian
 Emma Kate Hitchcock
 Elizabeth Lee
 Kasia Lynch
 Beth McCann
 Rianda Mills
 Helen Saniga
 Naree Vachananda